

The support we offer through our partnership with Relate

Relate have been working with us to provide a relationship counselling service to our clients since 2013.

The services we offer you

Through our partnership with Relate, we provide relationship support for our clients including new relationships, long-term relationships, or support if you're not in a relationship at all. Whether you're facing a major relationship crisis, or smaller issues that are making you unhappy, services could include:

- Individual, couple or family counselling
- Face-to-face, telephone, email, LiveChat or webcam counselling
- Support for family life, separation and divorce, children and young people, and sex therapy

Client feedback

"When a relationship goes wrong, you can't always see the wood for the trees. Relate gave me an outside perspective and time to address our problems before making rash decisions."

What you can expect

Contact from Relate to run through an initial assessment to determine which counselling service is most suitable. A series of appointments that last around 45 minutes, from trained and accredited therapists who have experience of working with people from a wide range of backgrounds.

For more information

You can talk to a Client Adviser via our Live Chat or call our free and confidential Helpline on **0800 0234 834** - we're open Monday to Friday from 9.00am to 5.00pm (except bank holidays).

Confidentiality statement

The Bank Workers Charity and Relate treat all personal data and information provided by you as confidential. We will not disclose any details to third parties without your express permission, unless required to do so for the safety and welfare of children and vulnerable adults, for audit requirements or if required by law.

We're independent of banks and our support is provided in confidence.

**Supporting the banking
community past and present**

In partnership with

Relate